

# TORONTO AMATEUR RADIO CLUB

## FIELD DAY CHECKLIST

This is a suggested list of equipment to make your participation in field day more enjoyable, comfortable and ultimately, successful. If you have any suggestions or additions, please let us know.

**Before** leaving for the site, please monitor the Weather Channel, Internet or radio weather forecast (162.400 MHZ) and make appropriate changes in clothing and shelter needs as the forecast dictates.

### OPERATING EQUIPMENT

- Tent or other shelter
- Transceiver or TX-RX combination
- SWR bridge to check antenna VSWR
- Spare fuses for transceivers and power supply(s)
- Variac or Voltage Regulator to protect equipment
- Antenna cut to operating frequency, or
- Beam or vertical antenna
- Cables and connectors
- Spare PL259's
- Ground rod, clamp & cable
- Folding table and COMFORTABLE chairs
- table/desk lamp for night operations
- Spare light bulbs for lamp
- Clock - set to Universal Coordinated Time
- Extension cord - 100 ft. minimum length,  
14/3 U-ground minimum gauge
- Power bar
- Tools - multi-meter, soldering gun, wire stripper, etc.
- Clip board & lined paper to log contacts, or
- Computer (Lap Top?) with necessary software
- Pens, Pencils, eraser and sharpener

### SUSTENANCE

\*Club will supply only one meal

- Any special medication you may require
- Dining utensils - plate, knife, fork, spoon, mug or cup
- Cooler with beverages and ice
- Jug of fresh water
- Paper towels
- Snack foods - chips, cookies, etc.
- Plastic bags for litter
- Separate container for recyclables (pop tins, etc.)

### PERSONAL EQUIPMENT

- Call-Sign Name Tag
- Dress for forecast weather
- Warm clothing - jacket / sweater  
for night operations
- Rain gear
- Rubber boots or ducks
- Insect repellent
- Sun screen, SPF 15 *minimum*
- Additional clothing in case of  
change in weather
- Flashlight; spare batteries & bulbs, or
- Chemical Light Stick(s)
- Pocket Knife
- Pocket Tool (Leatherman, etc.)
- Kleenex

### OPTIONAL GEAR

- First Aid Kit
- Sleeping bag, mattress, pillow
- Coleman lantern & fuel, or
- Kerosene lantern & fuel
- Propane barbecue
- Camp stove
- Kettle, coffee, tea, milk, sugar
- Tobacco: please bring your own  
ash tray
- Matches / lighter(s)
- Insect coils (Pic, etc.)

**We will monitor VE3 ULR 145.47 down 600. If you need directions, or get lost, please don't hesitate to call for assistance on this repeater.**